Year 2 Science
Autumn 1

Animals including humans

Links to prior learning:

Reception learning: To know that some foods are unhealthy

By the end of this unit I will be able to:
Notice that animals, including humans, have offspring which grow into adults
Find out about and describe the basic needs of animals, including humans, for survival
Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene





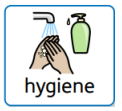
Key Vocabulary



Basic needs: A need is a thing that, when a living being, plant or animal does not have it, it is not able to live



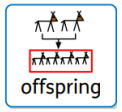
Air: mixture of gases including carbon dioxide and oxygen



Hygiene: body and general cleanliness.



Exercise: activity that increases your heart rate and improves health and fitness



Offspring: The child of an animal

Animals and their offspring



Eating the right amount of different food

You should eat:

- eat at least 5 different fruit and vegetables every day
- Less sugary food
- Food in moderation

Eating a healthy, balanced diet is an important part of being healthy.



The importance of exercise

