RHE
Home/School
Partnership

Relationships and Health Education

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Welcome!

Today, we will be looking at:

- Outline of what is taught in RHE
- Statutory changes since September 2020
- Working together – home/school partnership

We will not be going over the PSHE curriculum but are holding a workshop for this in Autumn.
More information to follow soon…

~~Sex and~~ Relationships & Health Education ~~(SRE)~~ (RHE)

National Statutory Changes from September 2020

What do we teach?

We provide the following to all R-Y6 pupils:

- Relationships Education
- Health Education
- *Science*

- We **do not** provide Sex Education
- We **do** teach science and scientific body part names



Why is RHE important?

Your children are growing up!

- A *positive ethos* and environment for *learning*

- *Safeguarding pupils (Keeping Children Safe in Education, 2022),* promoting their *emotional wellbeing*, and improving their ability to achieve in life

- Helping pupils keep themselves *safe from harm*, both on and offline.



The School Curriculum in England

2.1 Every state-funded school must offer a curriculum which is balanced and broadly based and which:

- promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and
- prepares pupils at the school for the opportunities, responsibilities and experiences of later life

2.5 All schools should make provision for personal, social, health and economic education (PSHE) drawing on good practice. Schools are also free to include other subjects or topics of their choice in planning and designing their own programme of education

DfE, 2013

EYFS



- Friendships
- Ways to make people feel welcome
- What to do if people are feeling sad or left out
- The importance of saying sorry and forgiveness
- How making up after arguments can build a stronger friendship
- That being gentle is a better option
- To recognise that all families are different
- To understand how family members can help each other.

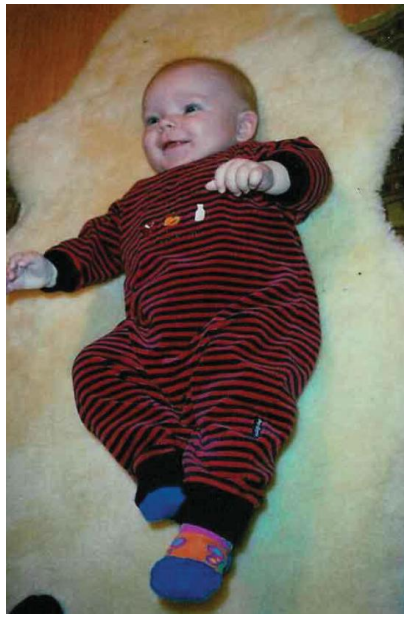
KS1

- Know we can be friends with people who are different to us
- Babies needs care and support; older children can do more by themselves
- Different types of families
- Who to ask for help
- Some people have fixed ideas about who can do what
- Differences between male and female babies
- Differences between male and female animals
- New life needs a male and a female
- Physical differences between males and females
- Name the different body parts



KS1

- These are the pictures used in the KS1 lessons:













KS1 Science content of RHE

National Curriculum (statutory):

- look at and label basic parts of the human body and say which part is associated with which sense

- notice that animals, including humans, have offspring which grow into adults (baby, toddler, child, teenager, adult).

Lower KS2

- Respecting differences, including families
- Differences between male and female bodies
- Appropriate and inappropriate physical contact and consent
- Who to go to for help and support
- Human life cycle
- Basic facts about puberty
- How puberty is linked to reproduction
- Respect
- Healthy relationships



Upper KS2



- Puberty – physical and emotional changes in both males and females
- Hygiene
- Puberty and reproduction
- Communication and respect
- Different ways people may start a family
- Positive and negative ways of communicating

KS2 Science content of RHE

National Curriculum (statutory):

- Describe the life process of reproduction in some plants and animals
- Describe the changes as humans develop to old age
- Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents.

What are the statutory requirements?

All primary schools must provide the following to all pupils:

- Relationships Education
- Health Education

Sex education is not statutory in primary schools.

Curriculum areas in RHE:

1) Families and people who care for me
2) Caring friendships
3) Respectful relationships
4) Online relationships
5) Being safe
6) Mental wellbeing
7) Internet safety and harms
8) Changing adolescent body

RHE Learning Objectives

Reception	LO: To recognise the importance of friendship	LO: To recognise the importance of saying sorry and forgiveness	LO: To recognise that all families are different	
Year 1	LO: To understand that we are all different but can still be friends	LO: To discuss how children grow and change	LO: To explore different types of families and who to ask for help	LO: To identify who can help when families make us feel unhappy or unsafe
Year 2	LO: To understand the concept of gender stereotypes	LO: To identify differences between males and females	LO: To explore some of the differences between males and females and to understand how this is part of the lifecycle	LO: To focus on sexual difference and name body parts
Year 3	LO: To identify that people are unique and to respect those differences	LO: To explore the differences between male and female bodies	LO: To consider appropriate and inappropriate physical contact and consent	LO: To explore different types of families and who to go to for help and support
Year 4	LO: To explore the human lifecycle To identify some basic facts about puberty	LO: To explore how puberty is linked to reproduction	LO: To explore respect in a range of relationships	LO: To discuss the characteristics of healthy relationships
Year 5	LO: To explore the emotional and physical changes occurring in puberty	LO: To understand male and female puberty changes in more detail	LO: To explore the impact of puberty on the body and the importance of physical hygiene	LO: To explore ways to get support during puberty
Year 6	LO: To consider puberty and reproduction	LO: Exploring the importance of communication and respect in relationships	LO: To explore different ways people might start a family	LO: To explore positive and negative ways of communicating in a relationship

Working with parents and carers

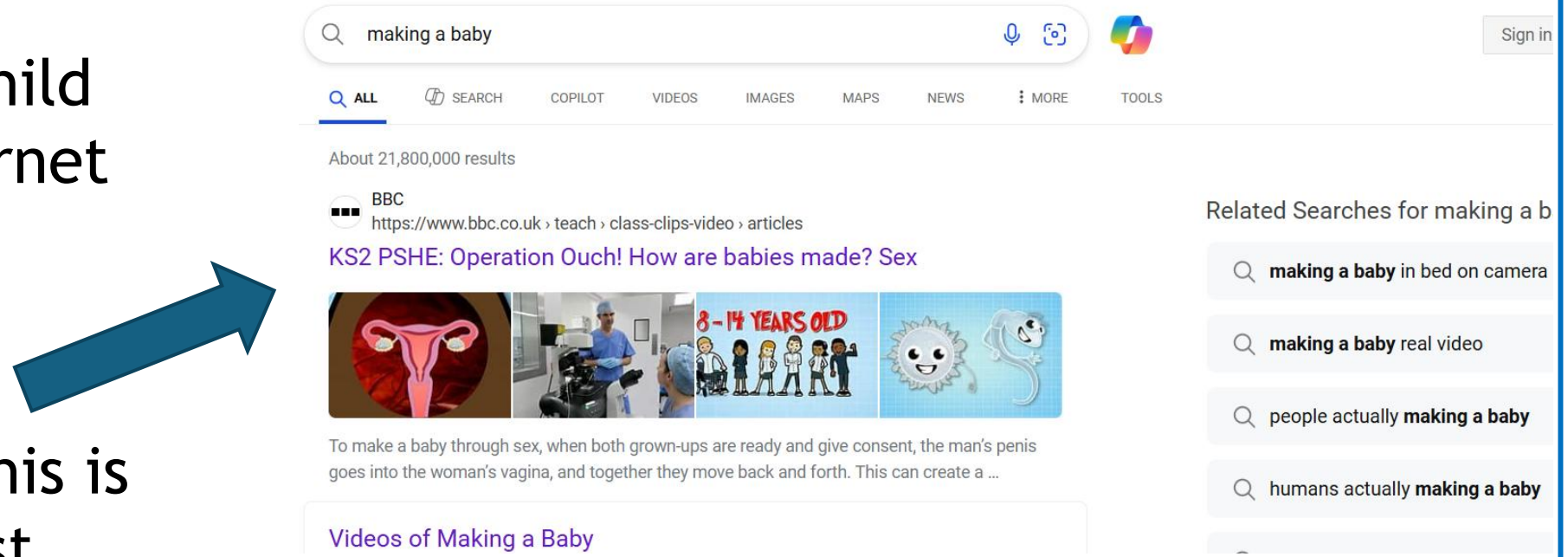
National RSE guidance emphasises the importance of schools working in partnership with parents and carers.

- Parents currently have the right for their children 'to be excused' from RHE taught outside the National Curriculum for Science.
- There is just one lesson that this applies to – a Y6 lesson that looks at different ways to start a family.
- You might want to withdraw your child...but remember, it may not stop them learning in other ways!
- However, we believe it is better children all learn together from a teacher rather than from their peers in the playground or researching for themselves online!

Just imagine…

What could your child learn from an internet search…??

If you search for ‘Making a baby’, this is what comes up first.



Working with parents and carers

- Parents should also be aware that schools are legally required to provide a broad and balanced curriculum.

- RHE topics arise in other subjects as children ask questions and learning is cross-curricular, and it is not possible to withdraw pupils from these relatively limited and often unplanned discussions.

RHE lessons – questions from your children

We have uploaded all of the lesson plans to the school website so you are able to see what is being taught in each year group.

w/b 8th June

15th June

22nd June

29th June

This will help you to support your child if they have any questions about what they have been taught.

Anything else?

Just before you go…a big thank you for coming today!

We are all here for the same reason: to support your children.